

Info package

UniSAFE Final Conference

From policy to practice: Pathways to end gender-based violence in academia and research

21 Nov 2023: 12:30 - 18:00 CET

followed by a walking dinner

22 Nov 2023: 9:00 - 17:00 CET

University of Namur

Rue de Bruxelles 61, 5000 Namur, Belgique





Getting to Namur



By plane & train

Brussels National Airport (Zaventem): Direct line to Namur



- Direct train every hour at 16 mn past the hour (e.g., 9:16, 10:16, etc.); direction "Dinant". The journey takes approximately 1h12mn. Book tickets on the Belgian Train Website.
- Alternative Train Routes via Brussels North: 4 trains per hour, 10 mn longer than the direct route.

Brussels-South Airport (Charleroi):



- Bus to Charleroi train station (<u>Door2Gate Service</u>)
- Train to Namur (running twice an hour).

Other airports within reasonable distance: Luxembourg, Lille, Cologne, Eindhoven, ...



Other options by train

- Frequent trains on weekdays to/from Brussels, Luxembourg, Liège, and
- International connections to cities in France, Netherlands, Germany, Switzerland...

From Namur station to UNamur:

10 mn walk from station (see campus map)



- Namur is at the crossroads of the E411 (Brussels-Luxembourg) and E42 (Liège-Mons) motorways.
- UNamur visitor car park located at rue Henri Lemaître (#48 on the campus map) accessible with an access sticker (to be requested by email).





4-Star Hotels

Les Tanneurs

- 900m / 10 mn walk
- Website

Mercure Namur Hotel

- 900m / 10 mn walk
- Website

Château de Namur

- 35 mn walk / 8 mn by car
- Website

The Royal Snail

- 1.7 km / 20 mn walk, 5 mn drive
- Website

3-Star Hotels

IBIS Namur Centre

- 900m / 10 min walk
- Website

B&B Hotel Namur (Gare)

- 500m / 6 mn walk
- Website

Grand Hôtel de Flandre

- <u>500m / 6 mn walk</u>
- Website

B&Bs and other accommodation:

- B&B City
- Bed hotel
- Citabelair
- La Belle Vigne
- Le Jardin des secrets
- Villa Balat
- Villa Vanille
- Youth hostel

Discounts

Code: UNISAFE 2023

• **B&B Namur**: -5%

on standard flexible rates

• Hôtel de Flandre:

110€/single room,
125€/double room,
Breakfast included
-> reservation to be made at
fo@hotelflandre.be
to M. Steve Malin



Meals

Day 1

- Light snacks and coffee will be served before the conference (12:30 13:30)
- A walking dinner will conclude the conference (approx 18:00 20:00)

Day 2

• Lunch is provided

All meals are free of charge for conference participants and include vegetarian options.

Useful links

- Information on the layout of the university campus
 https://www.unamur.be/universite/acces/plan-campus-pdf
- Programme and registration to the UniSAFE Final Conference: https://unisafe-gbv.eu/events/final-conference/

A question related to the conference?

Email us at: finalevent@unisafe-gbv.eu



First time in Belgium?

Electricity Plug Type: Belgium uses Type E and Type C electrical plugs. The standard voltage is 230 V, and the standard frequency is 50 Hz. If you're travelling from a country with a different plug type, you may need a plug adapter. It's a good idea to bring one with you to charge your electronic devices.

Weather in Namur: The weather in Namur can vary depending on the time of year. November: Autumn sees cooler temperatures ranging from 5°C to 10°C (41°F to 50°F) with a chance of rain or snow. Pack a mix of clothing as the weather can be quite chilly, so it's advisable to dress in layers. and bring an umbrella.

Emergency Number: In case of emergencies, dial 112. This number will connect you to the appropriate emergency services, including police, fire, and medical assistance.

Dial Code for Belgium: The international dial code for Belgium is +32. If you need to make international calls, remember to add this prefix before the local number.

Local Time in Belgium: Belgium is in the Central European Time (CET) zone, which is GMT+1 during standard time.

Money

- **Currency:** The official currency in Belgium is the Euro (€). It is abbreviated as EUR. It's recommended to have some Euros on hand for small expenses.
- **ATMs:** There are ATM machines available at the airport upon arrival in Brussels. It's a convenient way to withdraw Euros if you need local currency.

Opening Hours

- **Shops:** Shops in Namur typically open at around 10:00 AM and close around 6:00 PM. Some larger stores may have extended hours, especially in the city center.
- **Restaurants and Cafes:** The opening hours for restaurants and cafes in Namur can vary. Lunch is often served between 12:00 PM and 3:00 PM, while dinner service usually starts from 6:00 PM and can continue into the late evening. However, it's a good idea to check specific establishments for their opening hours, especially if you plan to dine out.

Pharmacies: Find nearby pharmacies in Namur if you require any medications or healthcare services during your visit, <u>click here</u>.